Iranian Congress of Epidemiology

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# The Role of Network Meta-analyses in Clinical and Health Decision-Making

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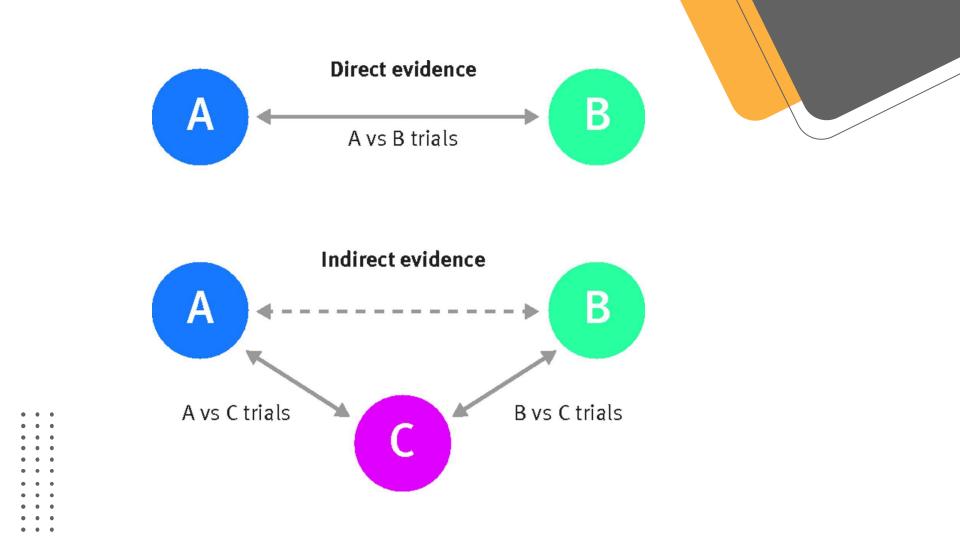
# What is network meta-analysis?

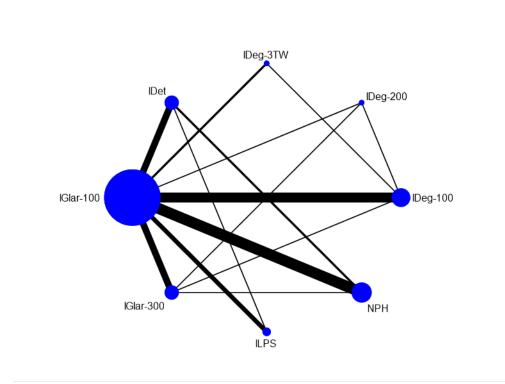
Network meta-analysis (NMA), termed multiple treatment meta-analysis or mixed treatment comparisons (MTC), was developed as an extension of pairwise meta-analysis to allow comparisons of more than two interventions in a single, coherent analysis of all the relevant RCTs.

Main advantages:

consistent and precise estimates of the relative effects of all interventions compared with every other in a single analysis using both direct and indirect evidence.

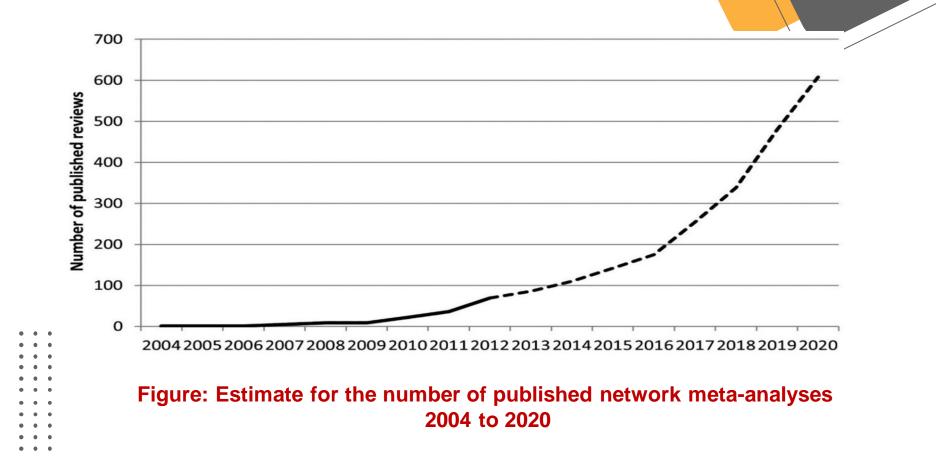








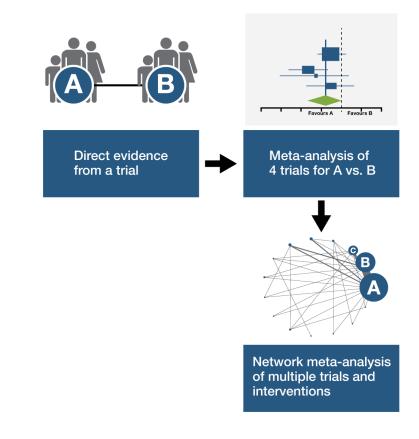
**Figure:** Network map of direct comparisons in randomized clinical trials related to investigating the effect of **eight basal insulins on changes in HbA1c** for type 2 diabetes.

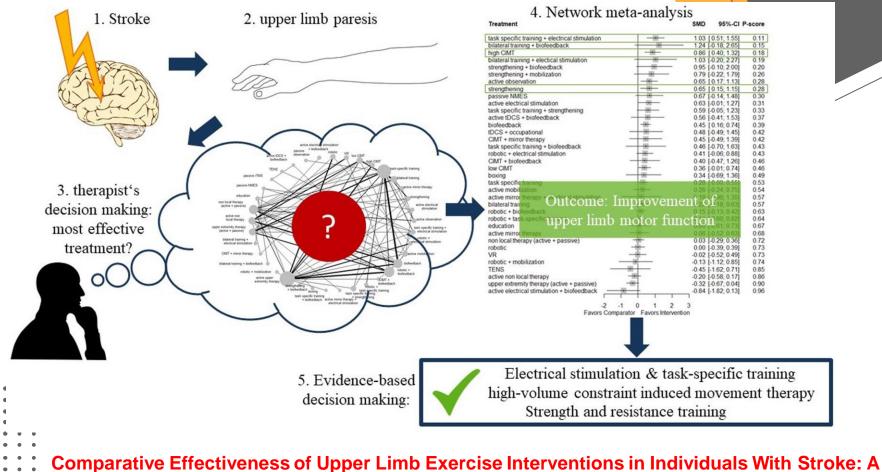




# Network Meta-analysis – Knowledge Translation Program

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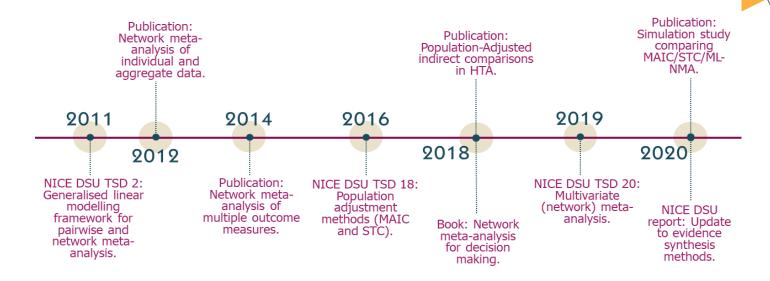




Network Meta-Analysis

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# Figure: A selection of key publications in evidence synthesis over the past 10 years, NICE



- 1. Dias S, Welton NJ, Sutton AJ, Ades A. NICE DSU technical support document 2: a generalised linear modelling framework for pairwise and network meta-analysis of randomised controlled trials. 2011.
- 2. Jansen JP. Network meta-analysis of individual and aggregate level data. 2012 (1759-2879 (Print)).

. . .

- Achana FA, Cooper Nj Fau Bujkiewicz S, Bujkiewicz S Fau Hubbard SJ, Hubbard SJ, Fau Kendrick D, Kendrick D Fau Jones DR, Jones DR Fau Sutton AJ, et al. Network meta-analysis of multiple outcome measures accounting for borrowing of information across outcomes. 2014 (1471-2288 (Electronic)).
- David M. Philippo AEA, Sofia Dias, Stephen Palmer, Keith R. Abrams, Nicky J. Welton. NICE DSU Technical Support Document 18: Methods for Population-Adjusted Indirect Comparisons in Submissions to NICE. Report by the Decision Support Unit. 2016.
- 5. Phillippo DM, Ades AE, Dias S, Palmer S, Abrams KR, Welton NJ. Methods for Population-Adjusted Indirect Comparisons in Health Technology Appraisal. 2018 (1552-681X (Electronic)).
- Dias S, Ades AE, Welton NJ, Jansen JP, Sutton AJ. Network meta-analysis for decision-making: John Wiley & Sons; 2018.
- 7. Bujkiewicz S, Achana, F, Papanikos, T, et al. NICE DSU Technical Support Document 20: Multivariate meta-analysis of summary data for combining treatment effects on correlated outcomes. 2019.
- 8. Philippo DA-O, Dias SA-O, Ades AE, Welton NJ. Assessing the performance of population adjustment methods for anchored indirect comparisons: A simulation study. 2020 (1097-0258 (Electronic)).
- 9. Welton NJ PD, Owen R, Jones H, Dias S, Bujkiewicz S et al. . NICE Decision Support Unit: CHTE2020 sources and synthesis of evidence: update to evidence synthesis methods. 2020:p98.

# **Review Article**



# Network Meta-analysis to Synthesize Evidence for Decision Making in Cardiovascular Research

# Leonardo Roever<sup>1</sup> and Giuseppe Biondi-Zoccai<sup>2,3</sup>

Universidade Federal de Uberlândia – Departmento de Pesquisa Clínica<sup>1</sup>, Uberlândia, MG - Brazil; Department of Medico-Surgical Sciences and Biotechnologies, Sapienza University of Rome<sup>2</sup>, Latina – Italy; Department of AngioCardioNeurology, IRCCS Neuromed<sup>3</sup>, Pozzilli – Italy

Network Meta-Analysis: An Introduction for Clinicians

Prof. Andrea Cipriani (UK)



hternational Conference on Advances in Migraine Sciences



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# **Some Published Network meta-analyses**

#### RESEARCH

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#### Comparative efficacy of interventions for reducing symptoms of depression in people with dementia: systematic review and network meta-analysis

Jennifer A Watt,<sup>1,2</sup> Zahra Goodarzi,<sup>3,4,5</sup> Areti Angeliki Veroniki,<sup>1,6,7</sup> Vera Nincic,<sup>1</sup> Paul A Khan,<sup>1</sup> Marco Ghassemi,<sup>1</sup> Yonda Lai,<sup>1</sup> Victoria Treister,<sup>1</sup> Yuan Thompson,<sup>1</sup> Raphael Schneider,<sup>8,9,10</sup> Andrea C Tricco.<sup>1,11</sup> Sharon E Straus<sup>12,11</sup>

#### For numbered affiliations see ABSTRACT end of the article. OBIECTIVE Correspondence to: | A Watt To describe the comparative efficacy of drug and lennifer watt@utoronto.ca non-drug interventions for reducing symptoms of (or @lennannwatt on Twitter: depression in people with dementia who experience ORCID 0000-0002-5296-6013) Additional material is published depression as a neuropsychiatric symptom of online only. To view please visit dementia or have a diagnosis of a major depressive the journal online. disorder. Cite this as: BMJ 2021;372:n532 DESIGN http://dx.doi.org/10.1136/bmi.n532

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Systematic review and meta-analysis. Accepted: 15 February 2021

data posed the greatest risk to review findings. In the network meta-analysis of studies including people with dementia without a diagnosis of a major depressive disorder who were experiencing symptoms of depression (213 studies: 25 177 people with dementia: between study variance 0.23), seven interventions were associated with a greater reduction in symptoms of depression compared with usual care: cognitive stimulation (mean difference -2.93, 95% credible interval -4.35 to -1.52), cognitive stimulation combined with a cholinesterase inhibitor

Review > BMJ. 2017 Nov 28:359:j5058. doi: 10.1136/bmj.j5058

## Oral anticoagulants for prevention of stroke in atrial fibrillation: systematic review, network metaanalysis, and cost effectiveness analysis

José A López-López<sup>1</sup>, Jonathan A C Sterne<sup>23</sup>, Howard H Z Thom<sup>1</sup>, Julian P T Higgins<sup>13</sup>, Aroon D Hingorani<sup>4</sup>, George N Okoli<sup>1</sup>, Philippa A Davies<sup>15</sup>, Pritesh N Bodalia<sup>67</sup>, Peter A Bryden <sup>1</sup>, Nicky J Welton <sup>1</sup> <sup>3</sup>, William Hollingworth <sup>1</sup>, Deborah M Caldwell <sup>1</sup>. Jelena Savović<sup>15</sup>, Sofia Dias<sup>1</sup>, Chris Salisbury<sup>1</sup>, Diane Eaton<sup>8</sup>, Annya Stephens-Boal<sup>9</sup>, Reecha Sofat<sup>4</sup>

### Meta-Analysis > Lancet. 2019 Sep 14;394(10202):939-951. doi: 10.1016/S0140-6736(19)31135-3. Epub 2019 Jul 11.

Comparative efficacy and tolerability of 32 oral antipsychotics for the acute treatment of adults with multi-episode schizophrenia: a systematic review and network meta-analysis

Maximilian Huhn<sup>1</sup>, Adriani Nikolakopoulou<sup>2</sup>, Johannes Schneider-Thoma<sup>3</sup>, Marc Krause<sup>4</sup>, Myrto Samara <sup>3</sup>, Natalie Peter <sup>3</sup>, Thomas Arndt <sup>3</sup>, Lio Bäckers <sup>3</sup>, Philipp Rothe <sup>5</sup>, Andrea Cipriani <sup>6</sup>, John Davis <sup>7</sup>, Georgia Salanti <sup>2</sup>, Stefan Leucht <sup>3</sup> . . .

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Meta-Analysis > Lancet. 2022 Jul 16:400(10347):170-184. doi: 10.1016/S0140-6736(22)00878-9.

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ACTIONS



# Thanks

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